


## Sun City Senior Center

March 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2 9am Weight Watchers	3
6 11-12PM Gentle Yoga	7	8 1pm Bunco	9 9am Weight Watchers	10 1pm Paint n Sip
13 11-12PM Gentle Yoga	14 10AM Nutrition Talk	15	16 9am Weight Watchers	17  St. Patrick's Day 9-11AM Bingo Breakfast
20 11-12PM Gentle Yoga	21	22	23 9am Weight Watchers	24
27 11-12PM Gentle Yoga	28	29	30 9am Weight Watchers	31

## Hemet Senior Center

March 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
6 9-10AM Gentle Yoga 11:00-12PM Line Dance	7	8	9	10
13 9-10AM Gentle Yoga 11:00-12PM Line Dance	14	15	16	17  St. Patrick's Day
20 9-10AM Gentle Yoga 11:00-12PM Line Dance	21 10AM Nutrition Talk	22	23	24
27 9-10AM Gentle Yoga 11:00-12PM Line Dance	28	29	30	31 1pm Paint n Sip

