

March 2024

Sun City Senior Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 11am Gentle Yoga	5	6	7	8 10 am Lions Club Bingo (Card Buy ins Required)	9
10	11 11am Gentle Yoga	12	13 1pm Bunco	14	15	16
17 	18 11am Gentle Yoga	19	20 1pm Chair Dance Fitness	21	22 10 am Lions Club Bingo (Card Buy ins Required)	23
24	25 11am Gentle Yoga	26	27	28	29	30

March 2024

Hemet Senior Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 9am Gentle Yoga	5	6	7	8	9
10	11 9am Gentle Yoga 11am Line Dancing	12	13	14	15	16
17 	18 9am Gentle Yoga	19	20	21 1pm Chair Dance Fitness	22	23
24	25 9am Gentle Yoga 11am Line Dancing	26	27	28	29	30


March 2024

Temecula Jazzercise

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12 10am Jazzercise	13	14	15	16
17 	18	19	20	21	22	23
24	25	26 10am Jazzercise	27	28	29	30

March 2024

CrossFit by Overload

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 10:30am CrossFit	5	6 10:30am CrossFit	7	8 10:30am CrossFit	9
10	11 10:30am CrossFit	12	13 10:30am CrossFit	14	15 10:30am CrossFit	16
17 	18 10:30am CrossFit	19	20 10:30am CrossFit	21	22 10:30am CrossFit	23
24	25 10:30am CrossFit	26	27 10:30am CrossFit	28	29 10:30am CrossFit	30