

April 2024

Sun City Senior Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>31</p>	1	2	3	4	5	6
7	8 11am Gentle Yoga	9	10 1pm Bunco	11	12 10 am Lions Club Bingo (Card Buy ins Required)	13
14	15	16	17 1pm Chair Dance Fitness	18	19 11am Gentle Yoga	20
21	22 11am Gentle Yoga	23	24	25	26 10 am Lions Club Bingo (Card Buy ins Required)	27
28	29 11am Gentle Yoga	30				


April 2024

Hemet Senior Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>31</p>	<p>1</p> <p>9am Gentle Yoga</p>	<p>2</p>	<p>3</p>	<p>4</p>	<p>5</p>	<p>6</p>
<p>7</p>	<p>8</p> <p>9am Gentle Yoga</p> <p>11am Line Dancing</p>	<p>9</p>	<p>10</p>	<p>11</p> <p>RFMG Free Bingo</p> <p>Call to RVSP!</p> <p>951-225-6808</p>	<p>12</p>	<p>13</p>
<p>14</p>	<p>15</p>	<p>16</p>	<p>17</p>	<p>18</p> <p>1pm Chair Dance</p> <p>Fitness</p>	<p>19</p> <p>9am Gentle Yoga</p>	<p>20</p>
<p>21</p>	<p>22</p> <p>9am Gentle Yoga</p> <p>11am Line Dancing</p>	<p>23</p>	<p>24</p>	<p>25</p>	<p>26</p>	<p>27</p>
<p>28</p>	<p>29</p> <p>9am Gentle Yoga</p>	<p>30</p>				

April 2024

Temecula Jazzercise

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>31</p>	1	2	3	4	5	6
7	8	<p>10am Jazzercise</p>	10	11	12	13
14	15	16	17	18	19	20
21	22	<p>10am Jazzercise</p>	24	25	26	27
28	29	30				



951.225.6808


becomewellwithin.com

41588 Eastman Dr. Suite A,

Murrieta, CA 92562

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CrossFit by Overload

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 31	1 10:30am CrossFit	2	3 10:30am CrossFit	4	5 10:30am CrossFit	6
7	8 10:30am CrossFit	9	10 10:30am CrossFit	11	12 10:30am CrossFit	13
14	15 10:30am CrossFit	16	17 10:30am CrossFit	18	19 10:30am CrossFit	20
21	22 10:30am CrossFit	23	24 10:30am CrossFit	25	26 10:30am CrossFit	27
28	29 10:30am CrossFit	30				

