

May 2024

Sun City Senior Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
 5	6 11am Gentle Yoga	7	8 1pm Bunco	9	10 10 am Lions Club Bingo (Card Buy ins Required)	11
12	13 11am Gentle Yoga	14	15 1pm Chair Dance Fitness	16 RFMG Bingo Call to RVSP 951-225-6808	17	18
19	20 11am Gentle Yoga	21	22	23	24 10 am Lions Club Bingo (Card Buy ins Required)	25
26	27 11am Gentle Yoga	28	29	30	31	

May 2024

Hemet Senior Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
 5	6 9am Gentle Yoga 11am Line Dancing	7	8	9	10	11
12	13 9am Gentle Yoga 11am Line Dancing	14	15	16 1pm Chair Dance Fitness	17	18
19	20 9am Gentle Yoga	21	22	23	24	25
26	27 9am Gentle Yoga	28	29	30	31	

May 2024

Temecula Jazzercise

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5 	6	7	8	9	10	11
12	13	14 10am Jazzercise	15	16	17	18
19	20	21	22	23	24	25
26	27	28 10am Jazzercise	29	30	31	

May 2024

CrossFit by Overload

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			10:30am CrossFit		10:30am CrossFit	
5	6	7	8	9	10	11
 Cinco de Mayo	10:30am CrossFit		10:30am CrossFit		10:30am CrossFit	
12	13	14	15	16	17	18
	10:30am CrossFit		10:30am CrossFit		10:30am CrossFit	
19	20	21	22	23	24	25
	10:30am CrossFit		10:30am CrossFit		10:30am CrossFit	
26	27	28	29	30	31	
	10:30am CrossFit		10:30am CrossFit			