



27190 Sun City Blvd.
Sun City, CA 92586

951.225.6808

December 2024

Sun City Senior Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 11am Gentle Yoga	3	4	5	6	7
8	9 11am Gentle Yoga	10	11 1pm Bunco	12	13 10 am Lions Club Bingo (Card Buy ins Required)	14
15	16 11am Gentle Yoga	17	18 1pm Chair Dance Fitness	19	20	21
22	23 11am Gentle Yoga	24	25 Happy Holidays Office Closed	26	27	28
29	30 11am Gentle Yoga	31				

December 2024

Hemet Senior Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 9am Gentle Yoga 11am Line Dancing	3 Independent Learning Series	4	5 Independent Learning Series	6 Bereavement Support Group 8:30	7
8	9 9am Gentle Yoga	10 Independent Learning Series	11	12 Independent Learning Series	13 Bereavement Support Group 8:30	14
15	16 11am Line Dancing 9am Gentle Yoga	17 Independent Learning Series	18	19 Independent Learning Series	20 Bereavement Support Group 8:30	21
22	23 9am Gentle Yoga	24	25 	26	27 Bereavement Support Group 8:30	28
29	30 9am Gentle Yoga	31				

For Independent Learning Series **MUST** call to register. Please call (562) 637-7248 and ask for Lilly.



31285 Temecula Parkway
Ste 120, Temecula, CA 92592

951.225.6808

December 2024

Temecula Jazzercise

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10 10am Jazzercise	11	12	13	14
15	16	17 10am Jazzercise	18	19	20	21
22	23	24	25 	26	27	28
29	30	31				



41588 Eastman Dr. Suite A,

Murrieta, CA 92562

951.225.6808

becomewellwithin.com

December 2024

CrossFit by Overload

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	10:30am CrossFit		10:30am CrossFit		10:30am CrossFit	
8	9	10	11	12	13	14
	10:30am CrossFit		10:30am CrossFit		10:30am CrossFit	
15	16	17	18	19	20	21
	10:30am CrossFit		10:30am CrossFit		10:30am CrossFit	
22	23	24	25	26	27	28
	10:30am CrossFit				10:30am CrossFit	
29	30	31				
	10:30am CrossFit					

