

February 2025

# Sun City Senior Center



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 11am Gentle Yoga	4	5	6	7	8
9	10 11am Gentle Yoga	11	12 1pm Bunco	13	14  10 am Lions Club Bingo (Card Buy ins Required)	15
16	17  11am Gentle Yoga	18	19 1pm Chair Dance Fitness	20	21	22
23	24	25	26	27	28 10 am Lions Club Bingo (Card Buy ins Required)  2pm Gentle Yoga	



3853 W. Stetson Ave, Suite 203  
 Hemet, CA 92545  
 Phone: (951) 225-6808

February 2025

# Hemet Senior Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 9am Gentle Yoga	4 Independent Learning Series	5	6 Independent Learning Series	7 10am Bereavement Support Group	8
9	10 9am Gentle Yoga 11am Line Dancing	11 Independent Learning Series	12	13 Independent Learning Series	14  10am Bereavement Support Group	15
16	17  9am Gentle Yoga	18 Independent Learning Series	19	20 Independent Learning Series	21 10am Bereavement Support Group	22
23	24 11am Line Dancing	25	26	27 Independent Learning Series	28 10 am Bereavement Support Group <b>12pm Gentle Yoga</b>	

For Independent Learning Series you **MUST** call to register. Please call (562) 637-7248 and ask for Lilly.



February 2025

# Temecula Jazzercise

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11 10am Jazzercise	12	13	14 	15
16	17 	18	19	20	21	22
23	24	25 10am Jazzercise	26	27	28	

February 2025

# CrossFit by Overload

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 10:30am CrossFit	4	5 10:30am CrossFit	6	7 10:30am CrossFit	8
9	10 10:30am CrossFit	11	12 10:30am CrossFit	13	14 10:30am CrossFit 	15
16	17  10:30am CrossFit	18	19 10:30am CrossFit	20	21 10:30am CrossFit	22
23	24 10:30am CrossFit	25	26 10:30am CrossFit	27	28 10:30am CrossFit	