




March 2025


Sun City Senior Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 11am Gentle Yoga	4	5	6	7	8
9	10 11am Gentle Yoga	11	12 1pm Bunco	13	14 10 am Lions Club Bingo (Card Buy ins Required)	15
16	17 	18 3 pm Chair Dance Fitness	19	20	21 11am Gentle Yoga	22
23	24 11am Gentle Yoga	25	26	27	28 10 am Lions Club Bingo (Card Buy ins Required)	29
30	31 11am Gentle Yoga					



March 2025

Hemet Senior Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 9am Gentle Yoga	4 Independent Learning Series	5	6 Independent Learning Series	7	8
9	10 9am Gentle Yoga 11am Line Dancing	11 Independent Learning Series	12	13 Independent Learning Series	14 10am Bereavement Support Group	15
16	17 	18 Independent Learning Series	19	20 Independent Learning Series	21 9am Gentle Yoga 10am Bereavement Support Group	22
23	24 9am Gentle Yoga 11am Line Dancing	25 Independent Learning Series	26	27 Independent Learning Series	28 10am Bereavement Support Group	29
30	31 9am Gentle Yoga					

For Independent Learning Series you **MUST** call to register. Please call (562) 637-7248 and ask for Lilly.



March 2025

Temecula Jazzercise

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
9	10	11 10am Jazzercise	12	13	14	15
16	17 	18	19	20	21	22
23	24	25 10am Jazzercise	26	27	28	29
30	31					



March 2025

CrossFit by Overload

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 10:30am CrossFit	4	5 10:30am CrossFit	6	7 10:30am CrossFit	8
9	10 10:30am CrossFit	11	12 10:30am CrossFit	13	14 10:30am CrossFit	15
16	 17 10:30am CrossFit	18	19 10:30am CrossFit	20	21 10:30am CrossFit	22
23	24 10:30am CrossFit	25	26 10:30am CrossFit	27	28 10:30am CrossFit	29
30	31 10:30am CrossFit					