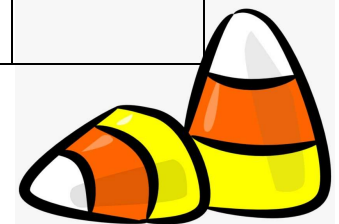




October 2025

## Sun City Senior Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1	2	3	4
5	6	7	8 1pm Bunco	9 Healthy Money Seminar 1pm	10 10 am Lions Bingo (Card Buy ins Required)  2pm Gentle Yoga	11
12	13 11am Gentle Yoga	14	15	16	17	18
19	20 11am Gentle Yoga	21 3 pm Chair Dance Fitness	22	23	24 10 am Lions Club Bingo (Card Buy ins Required)	25
26	27 11am Gentle Yoga	28	29	30	31 	





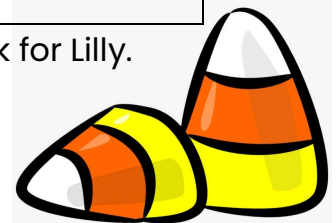
3853 W. Stetson Ave, Suite 203  
Hemet, CA 92545  
Phone: (951) 225-6808

October 2025

## Hemet Senior Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29 11am Line Dancing	30 Independent Learning Series	1	2 Independent Learning Series	3	4
5	6	7 Independent Learning Series	8	9 Independent Learning Series	10 9am Gentle Yoga	11
12	13 9am Gentle Yoga 11am Line Dancing	14 Independent Learning Series	15	16 Independent Learning Series	17	18
19	20 9am Gentle Yoga	21 Independent Learning Series	22	23 Independent Learning Series  Healthy Money Seminar 1pm	24	25
26	27 9am Gentle Yoga 11am Line Dancing	28 Independent Learning Series	29	30	31 	

For Independent Learning Series you **MUST** call to register. Please call (562) 637-7248 and ask for Lilly.

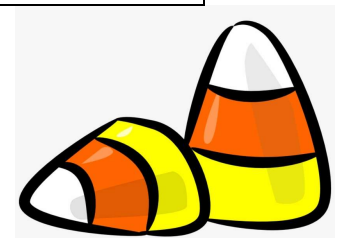




October 2025

## Temecula Jazzercise

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1	2	3	4
5	6	7	8	9	10	11
12	13	14 10am Jazzercise	15	16	17	18
19	20	21	22	23	24	25
26	27	28 10am Jazzercise	29	30	31 	





October 2025

## CrossFit by Overload

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1	2	3	4
	10:30am CrossFit		10:30am CrossFit		10:30am CrossFit	
5	6	7	8	9	10	11
	10:30am CrossFit		10:30am CrossFit		10:30am CrossFit	
12	13	14	15	16	17	18
	10:30am CrossFit		10:30am CrossFit		10:30am CrossFit	
19	20	21	22	23	24	25
	10:30am CrossFit		10:30am CrossFit		10:30am CrossFit	
26	27	28	29	30	 31	
	10:30am CrossFit		10:30am CrossFit		10:30am CrossFit	

