

September 2025

## Sun City Senior Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	<div style="text-align: center;">             Office Closed         </div> <div style="text-align: right;">1</div>	2	3	<div style="text-align: right;">4</div> <div style="text-align: center;">10am Senior Tech Education Class</div>	<div style="text-align: right;">5</div> <div style="text-align: center;">11am Gentle Yoga</div>	6
7	<div style="text-align: right;">8</div> <div style="text-align: center;">11am Gentle Yoga</div>	9	<div style="text-align: right;">10</div> <div style="text-align: center;">1pm Bunco</div>	<div style="text-align: right;">11</div> <div style="text-align: center;">  </div>	<div style="text-align: right;">12</div> <div style="text-align: center;">10 am Lions Club Bingo (Card Buy ins Required)</div>	13
14	<div style="text-align: right;">15</div> <div style="text-align: center;">11am Gentle Yoga</div>	<div style="text-align: right;">16</div> <div style="text-align: center;">3 pm Chair Dance Fitness</div>	17	<div style="text-align: right;">18</div> <div style="text-align: center;">10am Senior Tech Education Class</div>	19	20
21	<div style="text-align: right;">22</div> <div style="text-align: center;">11am Gentle Yoga</div>	23	24	25	<div style="text-align: right;">26</div> <div style="text-align: center;">10 am Lions Club Bingo (Card Buy ins Required)</div>	27
28	<div style="text-align: right;">29</div> <div style="text-align: center;">11am Gentle Yoga</div>	30				



3853 W. Stetson Ave, Suite 203

Hemet, CA 92545

Phone: (951) 225-6808

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## Hemet Senior Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	 1	2 9am Gentle Yoga Independent Learning Series	3	4 Independent Learning Series	5 9am Gentle Yoga 10am Bereavement Support Group	6
7	8 9am Gentle Yoga	9 Independent Learning Series	10	 11 Independent Learning Series	12 10am Bereavement Support Group	13
14	15 9am Gentle Yoga	16 Independent Learning Series	17	18 Independent Learning Series	19 10am Bereavement Support Group	20
21	22 9am Gentle Yoga 11am Line Dancing	23 Independent Learning Series	24	25 Independent Learning Series	26 10am Bereavement Support Group	27
28	29 9am Gentle Yoga 11am Line Dancing	30 Independent Learning Series				

For Independent Learning Series you **MUST** call to register. Please call (562) 637-7248 and ask for Lilly.

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## Temecula Jazzercise

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	 1	2	3	4	5	6
7	8	9 10am Jazzercise	10	 11	12	13
14	15	16	17	18	19	20
21	22	23 10am Jazzercise	24	25	26	27
28	29	30				

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## CrossFit by Overload

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	 1	2	3 10:30am CrossFit	4	5 10:30am CrossFit	6
7 10:30am CrossFit	8	9	10 10:30am CrossFit	 11	12 10:30am CrossFit	13
14 10:30am CrossFit	15	16	17 10:30am CrossFit	18	19 10:30am CrossFit	20
21 10:30am CrossFit	22	23	24 10:30am CrossFit	25	26 10:30am CrossFit	27
28 10:30am CrossFit	29	30				