

November 2025


## Sun City Senior Center

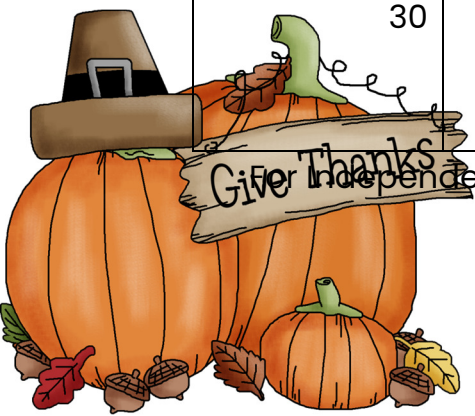
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 11am Gentle Yoga	4	5	6	7	8
9	10 11am Gentle Yoga	11	12 1pm Bunco	13	14 10 am Lions Club Bingo (Card Buy ins Required)	15
16	17 11am Gentle Yoga	18 3 pm Chair Dance Fitness	19	20	21	22
23	24 11am Gentle Yoga	25	26	27  Offices Closed	28 Offices Closed	29
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## Hemet Senior Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 9am Gentle Yoga	4 Independent Learning Series	5	6 Independent Learning Series	7	8
9	10 9am Gentle Yoga 11am Line Dancing	11	12	13 Independent Learning Series	14	15
16	17 9am Gentle Yoga 11am Line Dancing	18 Independent Learning Series	19	20	21	22
23	24 9am Gentle Yoga	25 Independent Learning Series	26	27  Offices Closed	28 Offices Closed	29
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For Independent Learning Series you **MUST** call to register. Please call (562) 637-7248 and ask for Lilly.

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## Temecula Jazzercise

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
9	10	11 10am Jazzercise	12	13	14	15
16	17	18	19	20	21	22
23	24	25 10am Jazzercise	26	27 	28	29
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## CrossFit by Overload

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 10:30am CrossFit	4	5 10:30am CrossFit	6	7 10:30am CrossFit	8
9	10 10:30am CrossFit	11	12 10:30am CrossFit	13	14 10:30am CrossFit	15
16	17 10:30am CrossFit	18	19 10:30am CrossFit	20	21 10:30am CrossFit	22
23	24	25	26	27 	28	29
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