

November 2025

Sun City Senior Center

27190 Sun City Blvd, Sun City, CA 92586 Phone: (951) 225-6808

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7	8
	llam Gentle					
	Yoga					
9	10	11	12	13	14	15
9		11	IZ	13		ເວ
	llam Gentle				10 am Lions Club	
	Yoga		1pm Bunco		Bingo (Card Buy	
			'		ins Required)	
16	17	18	19	20	21	22
	llam Gentle	3 pm Chair				
	Yoga	Dance Fitness				
23	24	25	26	Happy 27	28	29
	llam Gentle			Thanksgiving		
	Yoga				Offices Closed	
	_			Offices Closed		
30						
ee.						
	3					
Give Thanks						



November 2025

Hemet Senior Center

3853 W. Stetson Ave, Suite 203 Hemet, CA 92545 Phone: (951) 225-6808

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	9am Gentle Yoga	4 Independent Learning Series	5	6 Independent Learning Series	7	8
9	9am Gentle Yoga 11am Line Dancing	11	12	13 Independent Learning Series	14	15
16	9am Gentle Yoga 11am Line Dancing	18 Independent Learning Series	19	20	21	22
23	9am Gentle Yoga	25 Independent Learning Series	26	Happy 27 Thanksgiving Offices Closed	28 Offices Closed	29
30						

Giffer Independent Learning Series you MUST call to register. Please call (562) 637-7248 and ask for Lilly.



November 2025

Temecula Jazzercise

31285 Temecula Parkway, Suite 120 Temecula, CA 92592 Phone: (951) 225-6808

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	З	4	5	6	7	8
9	10	ll 10am Jazzercise	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27 Happy Thanksgiving	28	29
30		10am Jazzercise				
Give Thanks						



CrossFit by Overload

41795 Elm Street, Suite 402 Murrieta, CA 92562 Phone: (951) 225-6808

Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2	3	4	5	6	7	8
		10:30am CrossFit		10:30am CrossFit		10:30am CrossFit	
	9	10	11	12	13	14	15
		10:30am CrossFit		10:30am CrossFit		10:30am CrossFit	
	16	17	18	19	20	21	22
		10:30am CrossFit		10:30am CrossFit		10:30am CrossFit	
	23	24	25	26	Happy 27 Thanksgiving	28	29
	30						



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