

March 2026

# Sun City Senior Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9 11am Gentle Yoga	10	11 1pm Bunco	12	13 10 am Lions Club Bingo (Card Buy ins Required)	14
15	16 11am Gentle Yoga	17  3 pm Chair Dance Fitness	18	19	20	21
22	23 11am Gentle Yoga	24	25	26	27 10 am Lions Club Bingo (Card Buy ins Required)	28
29	30 11am Gentle Yoga	31				

March 2026

## Hemet Senior Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 9am Gentle Yoga	3 Independent Learning Series	4	5 Independent Learning Series	6	7
8	9 9am Gentle Yoga 11am Line Dancing	10 Independent Learning Series	11	12 Independent Learning Series	13	14
15	16 9am Gentle Yoga	17  Independent Learning Series	18	19 Independent Learning Series	20	21
22	23 9am Gentle Yoga 11am Line Dancing	24 Independent Learning Series	25	26 Independent Learning Series	27	28
29	30 9am Gentle Yoga	31 Independent Learning Series				

For Independent Learning Series you **MUST** call to register. Please call (562) 637-7248 and ask for Lilly.

March 2026

# Temecula Jazzercise

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10 10am Jazzercise	11	12	13	14
15	16	17 	18	19	20	21
22	23	24 10am Jazzercise	25	26	27	28
29	30	31				

March 2026

# CrossFit by Overload

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 10:30am CrossFit	3	4 10:30am CrossFit	5	6 10:30am CrossFit	7
8	9 10:30am CrossFit	10	11 10:30am CrossFit	12	13 10:30am CrossFit	14
15	16 10:30am CrossFit	17 	18 10:30am CrossFit	19	20 10:30am CrossFit	21
22	23 10:30am CrossFit	24	25 10:30am CrossFit	26	27 10:30am CrossFit	28
29	30 10:30am CrossFit	31				