


Sun City Senior Center

27190 Sun City Blvd, Sun City, CA 92586

Phone: (951) 225-6808


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 Chair Dance Fitness 3:00 PM	3 Office Closed Independence Day (observed)	4 Independence Day Happy 4th of July! 
5	6 Gentle Yoga 11:00 AM	7	8 Bunco 1:00 PM - \$5 buy-in	9	10 Lions Club Bingo 10:00 AM - \$11 card buy-in	11
12	13 Gentle Yoga 11:00 AM	14	15	16 Watercolors with WellQuest 3:00 PM	17	18
19	20 Gentle Yoga 11:00 AM	21 Chair Dance Fitness 3:00 PM	22	23	24 Lions Club Bingo 10:00 AM - \$11 card buy-in	25
26	27 Gentle Yoga 11:00 AM	28	29	30	31	

■ Fitness class
 ■ Games & social
 ■ Learning series
 ■ Office closed

 **Watercolors with WellQuest: Pts who want to join must call 951-550-0500 to RSVP.**

Hemet Senior Center

3853 W. Stetson Ave, Suite 203, Hemet, CA 92545
Phone: (951) 225-6808

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3 Office Closed Independence Day (observed)	4 Independence Day Happy 4th of July! 
5	6 Gentle Yoga 9:00 AM	7	8	9	10	11
12	13 Gentle Yoga 9:00 AM Line Dancing 11:00 AM	14	15	16 Independent Learning Series 10:45 AM	17	18
19	20 Gentle Yoga 9:00 AM	21 Independent Learning Series 10:45 AM	22	23 Independent Learning Series 10:45 AM	24	25
26	27 Gentle Yoga 9:00 AM Line Dancing 11:00 AM	28 Independent Learning Series 10:45 AM	29	30 Independent Learning Series 10:45 AM & 1:30 PM	31	


■ Fitness class
 ■ Learning series
 ■ Office closed

! Independent Learning Series: You MUST call to register — (562) 637-7248, ask for Lilly.

Temecula Jazzercise

31285 Temecula Parkway, Suite 120, Temecula, CA 92592

Phone: (951) 225-6808

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4 <div style="border: 1px solid #ccc; padding: 5px; background-color: #e0e0e0;"> Independence Day Happy 4th of July!  </div>
5	6	7	8	9	10	11
12	13	14 <div style="border: 1px solid #ccc; padding: 5px; background-color: #e0e0e0;"> Jazzercise 10:00 AM </div>	15	16	17	18
19	20	21	22	23	24	25
26	27	28 <div style="border: 1px solid #ccc; padding: 5px; background-color: #e0e0e0;"> Jazzercise 10:00 AM </div>	29	30	31	

■ Fitness class

CrossFit by Overload

41795 Elm Street, Suite 402, Murrieta, CA 92562

Phone: (951) 225-6808

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 CrossFit 10:30 AM	2	3 CrossFit 10:30 AM	4 Independence Day Happy 4th of July! 
5	6 CrossFit 10:30 AM	7	8 CrossFit 10:30 AM	9	10 CrossFit 10:30 AM	11
12	13 CrossFit 10:30 AM	14	15 CrossFit 10:30 AM	16	17 CrossFit 10:30 AM	18
19	20 CrossFit 10:30 AM	21	22 CrossFit 10:30 AM	23	24 CrossFit 10:30 AM	25
26	27 CrossFit 10:30 AM	28	29 CrossFit 10:30 AM	30	31 CrossFit 10:30 AM	