

Sun City Senior Center

27190 Sun City Blvd, Sun City, CA 92586
Phone: (951) 225-6808

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 Gentle Yoga 11:00 AM	4	5	6 Chair Dance Fitness 3:00 PM	7 Gentle Yoga 11:00 AM	8
9	10	11	12 Bunco 1:00 PM	13	14 Lions Club Bingo 10:00 AM · \$11 card buy-in	15
16	17 Gentle Yoga 11:00 AM	18 Chair Dance Fitness 3:00 PM	19 Watercolors with WellQuest 3:00 PM	20	21	22
23	24 Gentle Yoga 11:00 AM	25	26	27	28 Lions Club Bingo 10:00 AM · \$11 card buy-in	29
30	31 Gentle Yoga 11:00 AM					

● Fitness class ● Games & social ● Learning series

i Watercolors with WellQuest: Patients who want to join must call **951-550-0500** to RSVP.

Hemet Senior Center

3853 W. Stetson Ave, Suite 203, Hemet, CA 92545

Phone: (951) 225-6808

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 Gentle Yoga 9:00 AM	4 Independent Learning Series 10:45 AM	5	6 Independent Learning Series 10:45 AM Independent Learning Series 1:30 PM	7 Gentle Yoga 9:00 AM	8
9	10 Line Dancing 11:00 AM	11 Independent Learning Series 10:45 AM	12	13 Independent Learning Series 10:45 AM Independent Learning Series 1:30 PM	14	15
16	17 Gentle Yoga 9:00 AM	18 Independent Learning Series 10:45 AM	19	20	21	22
23	24 Gentle Yoga 9:00 AM Line Dancing 11:00 AM	25	26	27	28	29
30	31 Gentle Yoga 9:00 AM					

● Fitness class ● Learning series

i Independent Learning Series: You must call to register — (562) 637-7248, ask for Lilly.

Temecula Jazzercise

31285 Temecula Parkway, Suite 120, Temecula, CA 92592

Phone: (951) 225-6808

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
9	10	11 Jazzercise 10:00 AM	12	13	14	15
16	17	18	19	20	21	22
23	24	25 Jazzercise 10:00 AM	26	27	28	29
30	31					

CrossFit by Overload

41795 Elm Street, Suite 402, Murrieta, CA 92562

Phone: (951) 225-6808

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 CrossFit 10:30 AM	4	5 CrossFit 10:30 AM	6	7 CrossFit 10:30 AM	8
9	10 CrossFit 10:30 AM	11	12 CrossFit 10:30 AM	13	14 CrossFit 10:30 AM	15
16	17 CrossFit 10:30 AM	18	19 CrossFit 10:30 AM	20	21 CrossFit 10:30 AM	22
23	24 CrossFit 10:30 AM	25	26 CrossFit 10:30 AM	27	28 CrossFit 10:30 AM	29
30	31 CrossFit 10:30 AM					